

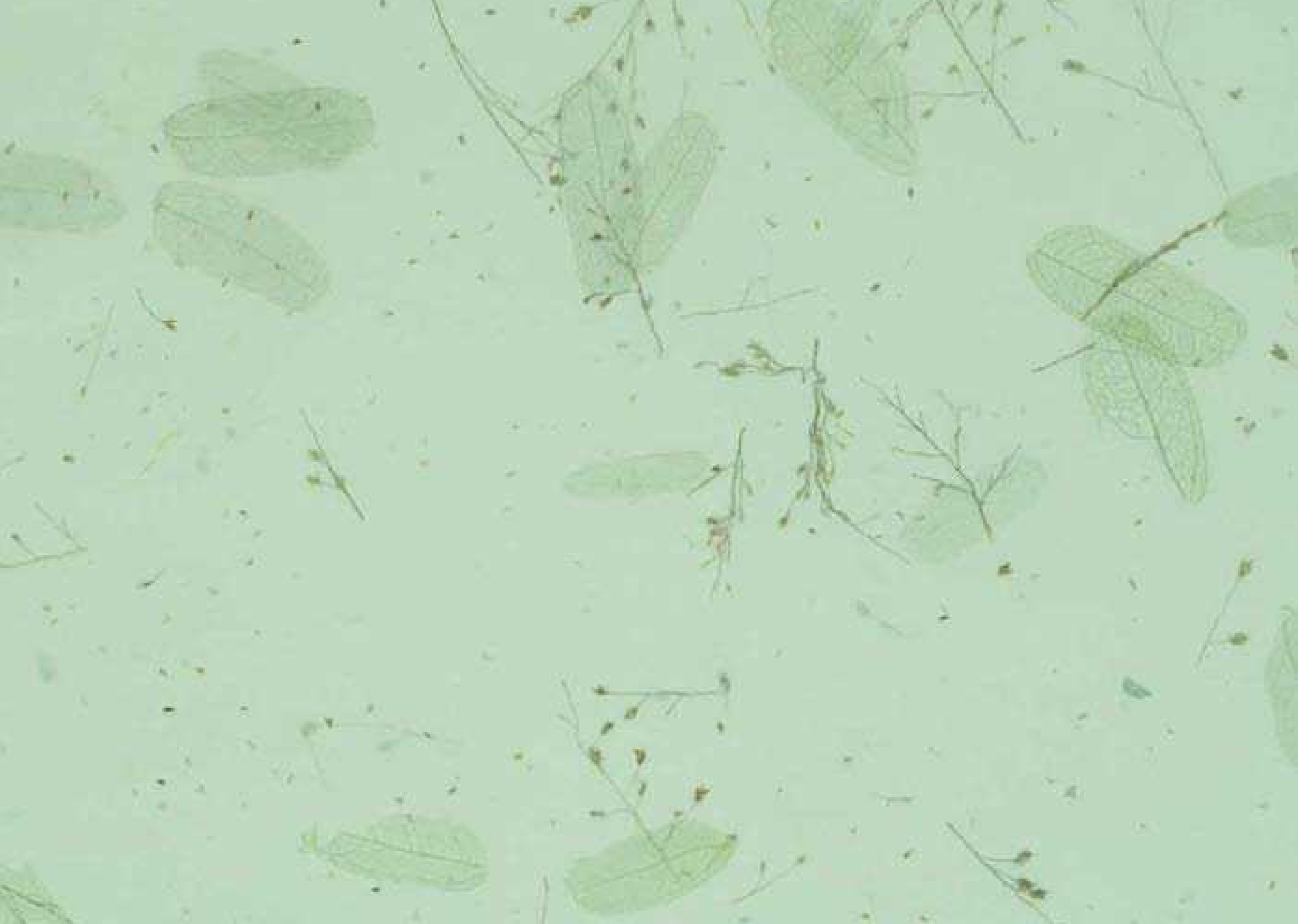
SHAH ALAM



GREEN

LUNG







# INTRODUCTION



The book, Shah Alam Green Lung is published to commemorate the beautiful and iconic man-made lake located in the middle of Shah Alam town that is regarded as the pride of Shah Alam residents. As the heart of the city, Taman Tasik Shah Alam positively impacts the natural landscape with an abundance of flora and fauna, providing a sense of balance to the urban development in the city of Shah Alam.

Visitors are able to utilise various amenities that are readily available in Taman Tasik Shah Alam on any given day or time. This makes it a favourite recreational spot for Shah Alam residents to enjoy an assortment of activities with family and friends.

With an artistic layout accented by a wide variety of plants and complemented by various amenities, Taman Tasik Shah Alam is recognised as a tourist destination. As an added bonus, this public park also attracts myriad migratory birds who make the lake their resting ground.

MBSA will continue their efforts in nurturing and conserving Taman Tasik Shah Alam's landscape to safeguard the sustainability of its natural greenery and ensure garden in the city environment will be maintained for future generations. MBSA hopes that the beauty and verdure of Taman Tasik Shah Alam can be preserved, providing balance and tranquillity in life, especially for the residents of Shah Alam.



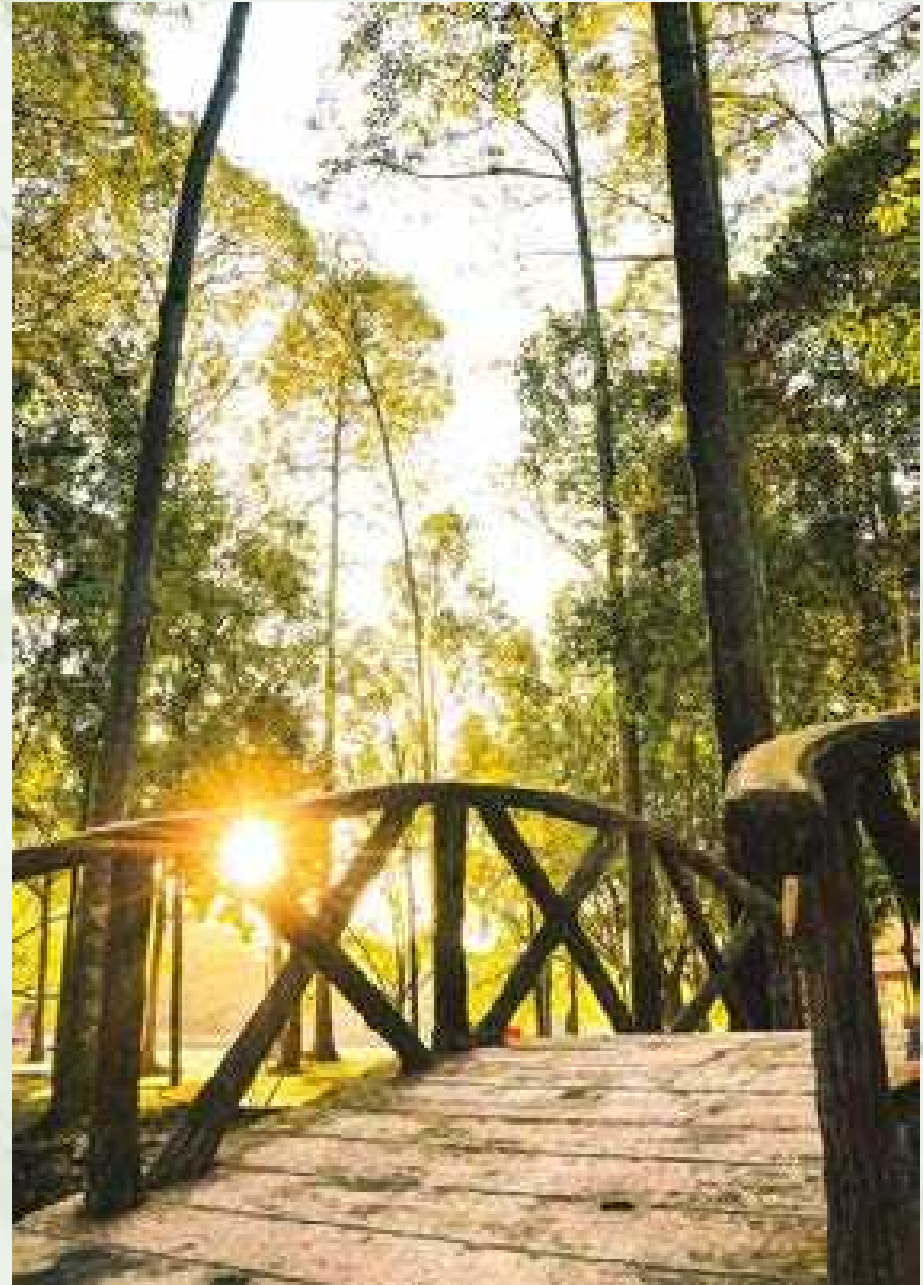




# Outstanding Beauty



Taman Tasik Shah Alam is a man-made lake created to provide a sense of balance to the developmental progress in Shah Alam. This lush greenery in the heart of Shah Alam City Centre is complemented by a serenely tranquil landscape, bestowing a comfortable sanctuary for all its guests and visitors.













Taman Tasik Shah Alam is a green haven built with the idea of establishing an atmospheric balance infusing a degree of shaded coolness within the park in the city of Shah Alam. Taman Tasik Shah Alam, completed in 1985 brings forth the visualisation of a renowned Japanese landscape consultant, Takano Landscape Planning.











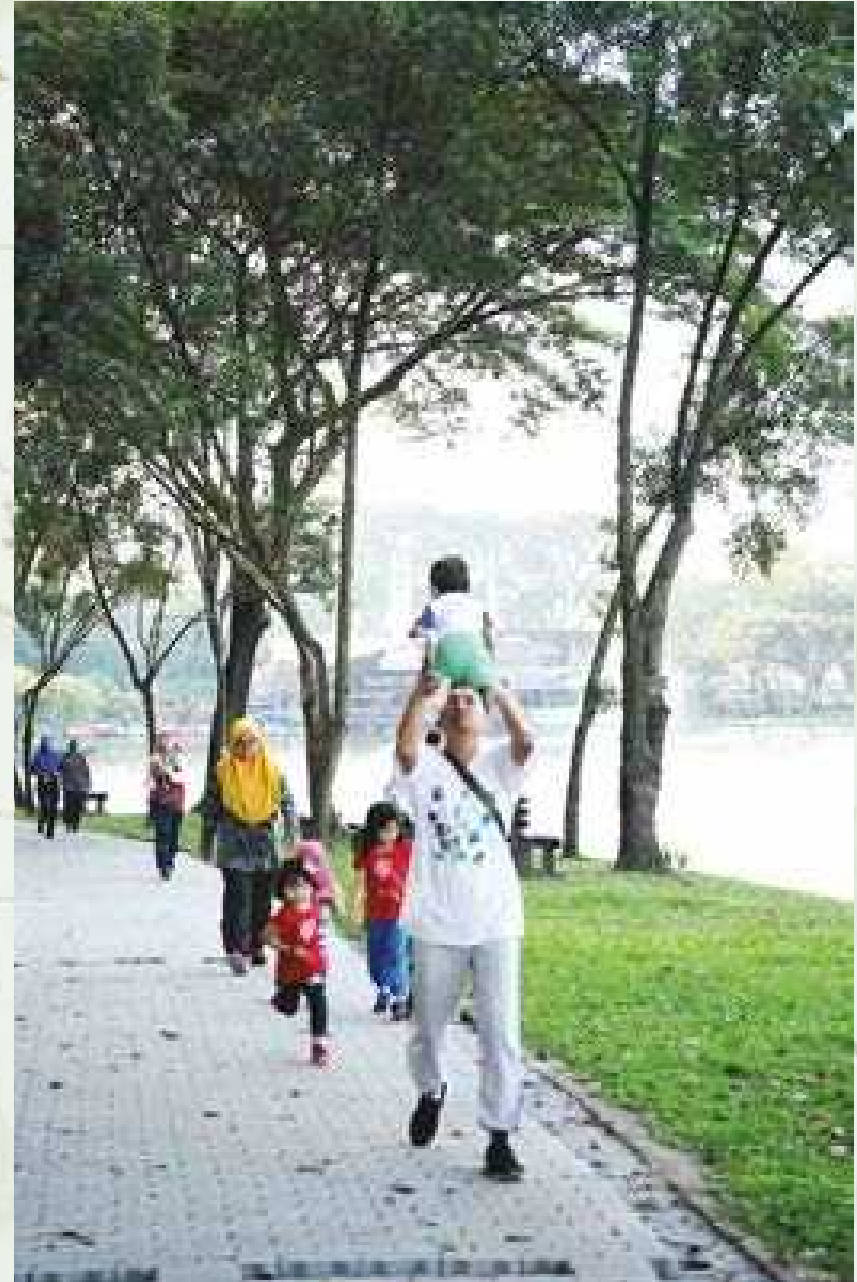


This lake garden was initially built to serve as a rain catchment area to help prevent flash floods within the surrounding Shah Alam city centre. MBSA holds the responsibility in ensuring that Taman Tasik Shah Alam is preserved, beautifully maintained and fully accessible to visitors.



# Rest, Recreation and Leisure

Lush greenery set amidst a natural background turn the lake park into a perfect place for visitors to rest and relax. Sitting on 127.8 acres of land, this is the go-to place for all sorts of recreational activities.











This lake is the obvious destination for those seeking to live a healthier lifestyle. With its beautiful and tranquil green surroundings, it is the preferred area for the residents of Shah Alam to engage in light exercise, leisurely walks or simply spend some quality time with family and friends.













# 3 Network of Lakes



The lake park is divided into 3 main networks namely Tasik Barat, Tasik Tengah and Tasik Timur. 40 acres of this area comprise of water with depths of between 1 metre and 6 metres.







Visitors have the opportunity to try out water sports activities like kayaking and basking in the beautiful surrounding scenery by using the tour boat service that will ferry visitors around the lake. Kayak, paddle boat and tour boat rental services are available for visitors to enjoy a fun time with their family.







# Floating on Water



A few bridges were built on a small part of the water area at Taman Tasik Shah Alam, allowing visitors to 'walk' on the water. These bridges also serve as the connecting link between the main lake area and the smaller islands within.







# A 'Migrant' Resting Area



The lake, which is surrounded by green and beautiful landscapes, is also home to freshwater and migratory wildlife, especially the seasonally migrating storks. Indeed, this is the area where peacefulness is felt in abundance.







During certain seasons, pelicans or storks will flock the lake to build their nests and breed. This area of the lake is well suited as a habitat for this migrating birds' life cycle as it has high trees and is suitable for nesting and avoiding predator threats.







# Never-Ending Fun



In 2018, MBSA created an exciting atmosphere at the lake by providing new facilities to encourage visitors to enjoy the beautiful surroundings and engage in more exhilarating family-friendly leisure activities.









There are 4 main components of the park's new attractions – canopy bridge, suspension bridge, watch tower and children's bike track. In addition, there are other complementary components such as mini bridges, lighting systems and enhanced landscapes.





This project started its implementation work in December 2017, involving only the Tasik Barat area. The suspension bridge measures 147.6 metres (long) x 1.2 metres (wide) with a height of 3 metres. As for the suspension board, it stands at 60.0 metre (length) x 1.2 metre (wide).









In an effort to revitalize and beautify Shah Alam City Centre and at the same time providing a safe and relaxing atmosphere for visitors, especially the residents of Shah Alam; the lake park area is lit by colourful flood lights, creating a charming night silhouette.





Equipped with a 6 metre high viewing tower located in a hilly area, this highest point of Taman Tasik Shah Alam provides a mesmerising panorama of the surrounding neighbourhood. Now, visitors can enjoy the view of the lake from a safe height.





MBSA also took the needs of children into their consideration for the pursuit of growing a happy and healthy life. A special children's bike track was built within the park, providing an opportunity for the children to learn about riding and bike safely. The children's bike track was built measuring 129 metres run (long) x 1.2 metres (wide).







The Canopy Bridge, Observatory Tower and Children's Bike Track was officially opened on October 27, 2018 at Tasik Barat, Taman Tasik Shah Alam, Seksyen 14, Shah Alam. The opening ceremony was officiated by His Royal Highness Raja Muda of Selangor, Tengku Amir Shah Ibni Sultan Sharafuddin Idris Shah Al-Haj.



# Ease, Comfort and Safety



Taman Tasik Shah Alam boasts of countless public amenities, available throughout the area. Various amenities were also provided including 5 parking areas, motorcycle and bike parking bays, warning signs, garbage bins and many more.







To create a more lively and colourful vibrancy to the lake garden area, MBSA took the initiative of building unique, interesting and picture-worthy sculpture, themed "Sayangi Shah Alam" to instill a deeper love for this city.





Public toilets, surau, trash bins, wakaf, seating areas, tables and many more are also provided for visitors' convenience.





This lake park is also illuminated by lights all around the area, creating a calm, harmonious scenery during the night.





In addition, Taman Tasik Shah Alam is surrounded by a blue-coloured bike track built on the road itself, with the objective of providing a better facility for bike enthusiasts and to ensure a better safety for them.

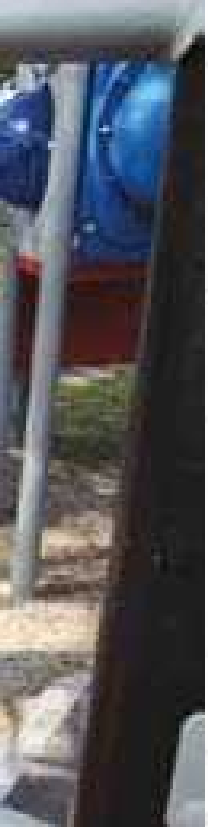


Two separate playgrounds were built to bring more fun and joy to children. As an added thrill, these playgrounds are equipped with climbing, running, hanging, sliding, swinging as well as various other equipment, allowing the children to enjoy outdoor activities and strengthen their physical, emotional and mental abilities.







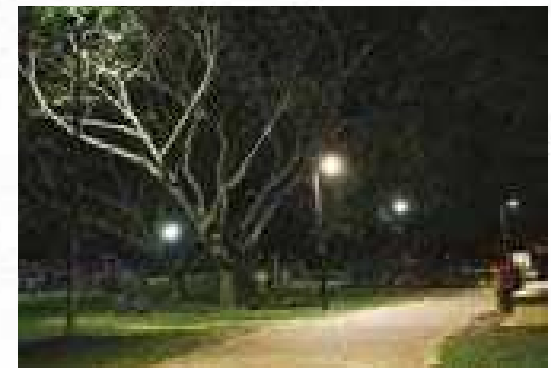


# Night Photography



The beauty and uniqueness of this lake park is not confined to flora and fauna as it is also surrounded by tall buildings and iconic structures including the Sultan Salahuddin Abdul Aziz Shah Mosque which is renowned as the state Mosque, as well as the administration building of Shah Alam city, the Wisma MBSA.





This lake is a clear favourite among photographers and students who wish to capture precious moments and showcase their photography skills. The illumination of colourful lights surrounding the area turns this lake park into a popular photography site.



# Enjoying Delicious Meals



To add more merriment to the night life, a small restaurant aptly named Kedai Kopi is on hand, serving tantalising dishes for visitors who opt to dine amidst quaint settings.



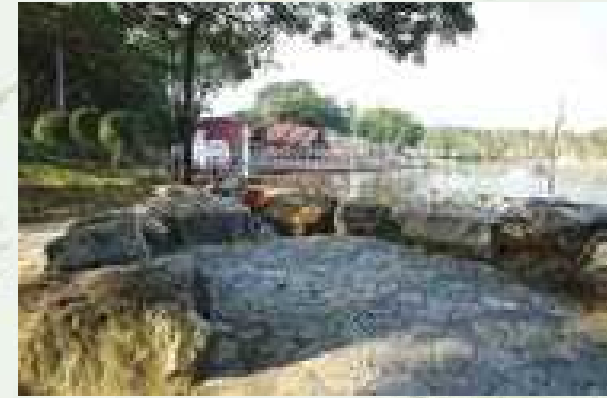








# Entertainment, Arts and Culture



Laman Budaya is part of Taman Tasik Shah Alam. This area is specifically utilised for arts and cultural activities. Among the regular programmes held at this Laman Budaya are Flower Market, Orchids Exhibitions, Fishing Competitions, Kota Seni Shah Alam and many more.







Taman Tasik Shah Alam attracts an increasing number of daily crowds due to the various artistic, cultural and entertainment activities held here. Visitors would come and participate for free in these programmes organised by MBSA regularly.



Shah Alam Gallery located at Laman Budaya Shah Alam serves as the main art centre for artists and art lovers alike to display their creative artworks. Shah Alam Gallery also doubles up as a craft and art training centre for the residents of Shah Alam.





Pasar Bunga Shah Alam or Shah Alam Flower Market Programme is held bi-monthly (once every 2 months). The programme was first introduced as an opportunity to market a recreational and economic products which in turn could attract visitors to enjoy the beauty of the landscape, flora and fauna related activities as well as sales of landscape accessories, agricultural and fresh farm products.



The Shah Alam Fishing Competition organised annually by MBSA is a major attraction with countless avid anglers taking part in the event. Taman Tasik Shah Alam is often selected as the main venue for this sort of events due to the vast lake size, beautiful surroundings and suitable for competitive fishing.









There are murals depicting Shah Alam's iconic buildings such as Sultan Alam Shah Museum, Sultan Salahuddin Abdul Aziz Shah Mosque, Shah Alam Stadium, Wisma MBSA, the Office of Selangor State Secretary, Selangor State Memorial and Darul Ehsan Building. Painted by a group of youngsters through Selangor Youth Community, orchid flowers murals were also drawn alongside the tagline 'Bandar Raya Anggerik' – synonymous with Shah Alam.



# Healthy, Strong and Energetic



The fun is multiplied tenfold when activities proven as beneficial for health can be carried out together without the need to register as members. There are a few favourite locations serving as the hot spot for light exercises like Taichi and aerobics.



Visitors have the opportunity to join any group for light exercises without the need to pay any fees. These activities are usually done in large groups every Saturday and Sunday starting at 7.00 in the morning. An excellent way to build new friendships and strengthen bonds through time.







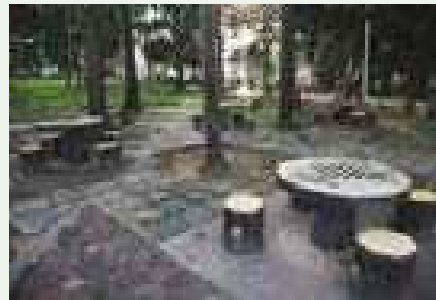




Furthermore, visitors also get to try out the reflexology path and test their health and fitness level. Reflexology is an ancient technique involving the stimulation of pressure points located at the feet, where reflex zones correlate directly to specific important organs in the body. This is actually a therapeutic healing practice that helps to balance and stabilise the body.



# Mind Game in Green Surroundings



The chess corner was built to provide chess fans with the ultimate mind game. In order to focus and strategise killer moves, a serene and calm surrounding is a must. Tables have been designed to replicate a built-in chess board.



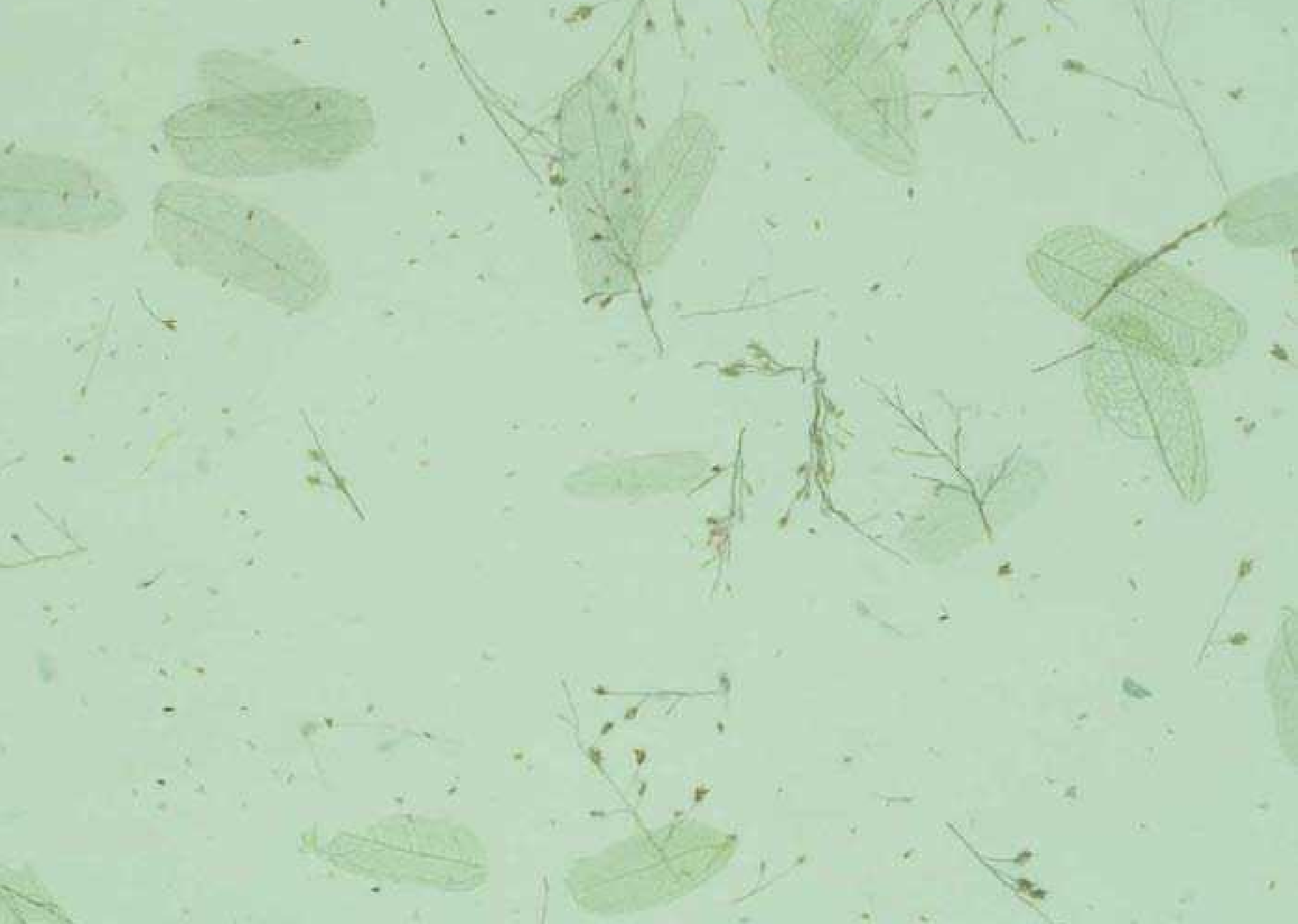
# Safe and Sound



MBSA provides park ranger services to ensure the safety of every visitor and to prevent vandalism or any misconduct such as stealing equipment, facilities or public infrastructures provided around the lake park.










PUBLISHED BY

Corporate and Public Relations Division  
Shah Alam City Council  
Level G, Wisma MBSA, Persiaran Perbandaran,  
40000 Shah Alam, Selangor Darul Ehsan


 03-5522 2743/5522 2741

 03-5510 0399

 [www.facebook.com/shahalamcitycouncil](http://www.facebook.com/shahalamcitycouncil)

 [www.twitter.com/sacitycouncil](http://www.twitter.com/sacitycouncil)

 [www.instagram.com/sacitycouncil](http://www.instagram.com/sacitycouncil)

 1-800-88-4477